

LEARNING SEASON

JUNE 14TH - JUNE 17TH





THE QUEEN IN YOU



COURSE BENEFITS

- Confidence
- Stay In Shape
- Goal Setting
- **✓** Communication
- ✓ Style
- ✓ Charm

The program is designed to help girls discover their self-worth, voice and develop their crown of confidence. The program will have workshops that target key areas such as self-esteem, self-worth, and healthy relationships: yoga fitness and etiquette.

MORE INFORMATION

706-882-6416

DBAILEY@PHALAGRANGE.NET